

**California Run  
Brockville YMCA  
Sunday May 3, 2009**

**10K RESULTS**

**Male Overall**

<b>Place</b>	<b>Runner</b>	<b>Time</b>	<b>Pts.</b>
1	John Wynands	38:54	10
2	Brian Frith	40:01	8
3	Vincent Guyonnet	40:39	6
4	Jeff McKee	41:17	5
5	Jamie Porter	42:57	4
6	Charles Beaudoin	43:21	-
7	Alain Cyr	44:11	-
8	Rick Vanravenhorst	44:29	-
9	Don Farnsworth	44:33	-
10	Dan Reavie	44:34	-
11	Rod Palmer	44:49	-
12	Zack Boyd	45:36	-
13	Phil Barnes	47:07	-
14	Rob Kilbride	47:44	-
15	Ian Loughrey	48:06	-
16	Bryne Francois	48:39	-
17	Robert Gates	49:21	-
18	Tom Kippax	49:38	-
19	Ky Tuong Ly	49:50	-
20	Tim Richards	49:55	-
21	Taylor Mason	49:59	-
22	Gilbert Kent	49:59	-
23	Bradley Moore	50:16	-
24	Mitch White	50:17	-
25	Mike Blackburn	51:36	-
26	Merv Hodgson	51:41	-
27	Paul McMunn	51:42	-
28	Phil Lowe	52:39	-
29	Dominic Gallernault	53:48	-
30	Wil Steacy	54:59	-
31	Rick Steenwyk	55:14	-
32	David Huang	55:35	-
33	Steven Sims	56:55	-
34	Neal Condron	65:05	-

**Male Age Category**

<b>Place</b>	<b>Runner</b>	<b>Time</b>	<b>Pts.</b>
	<u>Under 15</u>		
1	Tom Kippax	49:38	10
2	Taylor Mason	49:59	8
3	Bradley Moore	50:16	6

15-19

1	John Wynands	38:54	10
2	Zack Boyd	45:36	8

20-29

1	Brian Frith	40:01	10
2	Jeff McKee	41:17	8
3	Jamie Porter	42:57	6
4	Rick Vanravenhorst	44:29	5
5	Neal Condron	65:05	4

30-39

1	Phil Barnes	47:07	10
2	Rob Kilbride	47:44	8
3	Ky Tuong Ly	49:50	6
4	Paul McMunn	51:42	5
5	David Huang	55:35	4

40-49

1	Vincent Guyonnet	40:39	10
2	Alain Cyr	44:11	8
3	Robert Gates	49:21	6
4	Tim Richards	49:55	5
5	Gilbert Kent	49:59	4
6	Mitch White	50:17	3
7	Mike Blackburn	51:36	3
8	Rick Steenwyk	55:14	3
9	Steven Sims	56:55	3

50-59

1	Don Farnsworth	44:33	10
2	Dan Reavie	44:34	8
3	Rod Palmer	44:49	6
4	Ian Loughrey	48:06	5
5	Phil Lowe	52:39	4
6	Dominic Gallernault	53:48	3

60-64

1	Charles Beaudoin	43:21	10
2	Bryne Francois	48:39	8
3	Wil Steacy	54:59	6

65+

1	Merv Hodgson	51:41	10
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### Female Overall

Place	Runner	Time	Pts.
1	Amy Brown	45:31	10
2	Jean Birch	47:24	8
3	Christine Plant	47:57	6
4	Crystal Bois D'Enghien-McFadden	49:30	5
5	Tina Melbourne	50:36	4
6	Ruth Drache	50:57	-
7	Cynthia Laforty	51:50	-
8	Rebecca Meier	52:56	-
9	Shani Gates	53:37	-
10	Natasha Buehlow	54:43	-
11	Tina MacLeod	54:44	-
12	Catherine Tomlinson	54:49	-
13	Tammy Buehlow	55:06	-
14	Shannon Steenwyk	55:13	-
15	Guylaine Barnes	55:29	-
16	Joan Wong	56:46	-
17	Ruth McFarlane	57:07	-
18	Cristy Latham	57:54	-
19	Vicky Kirkby	67:05	-
20	Ruth Alexander	67:06	-

Female Age Category			
Place	Runner	Time	Pts.
<u>15-19</u>			
1	Shannon Steenwyk	55:13	10
<u>20-39</u>			
1	Crystal Bois D'Enghien-McFadden	49:30	10
2	Natasha Buehlow	54:43	8
3	Cristy Latham	57:54	6
<u>30-39</u>			
1	Christine Plant	47:57	10
2	Ruth Drache	50:57	8
3	Rebecca Meier	52:56	6
4	Tina MacLeod	54:44	5
5	Joan Wong	56:46	4
<u>40-49</u>			
1	Amy Brown	45:31	10
2	Tina Melbourne	50:36	8
3	Cynthia Laforty	51:50	6
4	Shani Gates	53:37	5
5	Catherine Tomlinson	54:49	4
6	Tammy Buehlow	55:06	3
7	Guylaine Barnes	55:29	3

50-59

1	Jean Birch	47:24	10
2	Ruth McFarlane	57:07	8
3	Vicky Kirkby	67:05	6
4	Ruth Alexander	67:06	5