

BROCKVILLE ROAD RUNNERS

FREEZE YOUR BUNS 1K/5K #1

SUNDAY JANUARY 27, 2019

Report by Janet Wynands, Race Director

It was fitting weather for the first race, in the three race, aptly named "Freeze Your Buns" series organized by the Brockville Road Runners Club. The event took place in the midst of a snow squall on Sunday, January 27, 2019. Wind gusts, blowing snow and slippery footing made the courses challenging for the 45 participants taking part in the 1 km and 5 km events. The overall 1 km male winner was **Hayden Doner** finishing in a time of 5:44 with the first female, **Lexi Belanger**, coming in with a time of 6:50.

The 5 km event was won by **Carl Coutu** in a time of 20:56:66 followed closely by **Travis Gaffney** in a time of 20:59:56. The first woman in was **Adele McLeod** in a time of 26:23:35.

The next event in the series is on Sunday, February 24th, 2019 with the last race in the series taking place on March 31, 2019. Participants in all three events earn a long sleeve shirt with race proceeds going to the local food bank.

1 km event

1. Hayden Doner 5:44
2. Lexi Belanger 6:50
3. Ryleigh Goguen 6:54
4. Madison Brooks 7:46
5. Katie Johnston 7:48
6. Theo Brooks 9:26

5 km event

Female:

20-29

Emma Selleck 27:44

30-39

Holly Martin 34:02

40-49

Adele McLeod 26:23, Christie Walker 26:43, Rhonda McNish 28:30, Laura Oliver 28:57, Claudine Fenard 31:43, Dawn Wolfenden 33:38, Jennifer McDonald 38:04

50-59

Denise Anthony 29:56, Siobhan Muldowney 36:01, Ruby McCabe-Locke 36:10, Charlene Thomas 40:10

60-69

Cheryl Scott 33:06, Karen McDonald Hurley 38:02

70-79

Anne Hodgson 36:12, Eithne Dunbar 41:25

Male:

Under 15

Travis Gaffney 20:59, Parker Goguen 34:01

15-19

Blake Shane 24:39

20-29

Layne Scott 27:44

30-39

Carl Coutu 20:55, Matt Kinghorn 26:30, Matt Williams 29:16

40-49

Brian Gartley 25:14, Craig McDonald 25:44, Jason Barlow 26:09, Matt McNish 29:46

50-59

Geoffrey Peters 25:04, Tom Fournier 26:35, Marc Billard 28:10, Murray Tait 31:49, Terry Hodge 34:32

60-69

Ian Loughrey 22:20, Robert Walroth 25:24, Ed Eby 33:18

70-79

Peter Feickert 27:14, Bill Poole 31:24, Toby Irven 38:13