

## **Freeze Your Buns #2** **Saturday February 27, 2010**

The Brockville Road Runners held their 2nd race of the three race Freeze Your Buns Series this past Saturday with a record turnout of 104 participants many of whom showed their Canadian spirit by sporting red and white in honor of our Olympic athletes. Mild conditions were much more favorable for the runners as compared to the January event although slush puddles guaranteed wet feet.

The 1 kilometer racers embraced the weather and jumped right into the thick of the slush puddles with **Brittany Brown** finishing in first place as the top female with a time of 4:39:48 and **Will Campeau** (the top male) taking second place with a time of 4:49:52. **Eric Wynands** took first place in the 5 km event winning in a time of 17:52 and was followed closely by Brockville's top masters' runner, **Paula Wiltse**, finishing in a time of 18:04.

The next event in the series will be held on March 27th at the Memorial Center with a 10:00 a.m. start for the children's 1 km and a 10:15 start for the 5 km. All race series proceeds go to support the local food bank. The following local businesses are greatly appreciated for their support by donating door prizes and refreshments: Burnbrae Farms, Tait's Bakery and the Leeds County Dairy Farmers.

### **5K RESULTS**

#### **Male Overall**

<b>Place</b>	<b>Runner</b>	<b>Time</b>	<b>Pts.</b>
1	Eric Wynands	17:52	10
2	Robert Cooper	18:09	8
3	Mike Crawford	19:33	6
4	Tom Marshall	19:59	5
5	Pascal Peladeau	20:00	4
6	David Eggleton	20:02	-
7	Charles Beaudoin	21:06	-
8	John MacMillan	21:07	-
9	Gerry Tutecky-McDougall	21:29	-
10	Paul Heintzman	21:40	-
11	Al Cyr	21:42	-
12	Jason Price	21:45	-
13	Laurence Jones	22:02	-
14	Rod Palmer	22:49	-
15	Stewart Campbell	22:52	-
16	Murray Tait	22:56	-
17	Jim Locke	23:18	-
18	Terry Hodge	23:40	-
19	John Bourne	24:23	-
20	Bryne Francois	24:25	-
21	Rick Steenwyk	24:33	-
22	Roger Hawksby	24:46	-
23	Brian Campbell	25:06	-
24	David Shaver	25:25	-
25	Merv Hodgson	25:26	-
26	Kevin Hartley	25:31	-
27	Hugh Wilson	26:08	-
28	Ken Smith	26:14	-
29	Zack Boyd	26:17	-
30	Adam McNish	26:21	-
31	Jean Bernaquez	26:26	-

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32	Toby Irvn	27:25	-
33	Cameron Tyo	27:27	-
34	Zeren Tuna	27:28	-
35	Michael Hurley	27:38	-
36	Phil Lowe	27:40	-
37	Tom Baker	27:47	-
38	Wil Steacy	27:50	-
39	Liam Cullen	29:45	-
40	Garry Mellan	30:34	-
41	Jason Ladd	34:17	-
42	W. Pohl	45:01	-

**Male Age Category**

<b>Place</b>	<b>Runner</b>	<b>Time</b>	<b>Pts</b>
<u>Under 15</u>			
1	Eric Wynands	17:52	10
2	Cameron Tyo	27:27	8
3	Zeren Tuna	27:28	6
<u>15-19</u>			
1	Robert Cooper	18:09	10
2	Zack Boyd	26:17	8
<u>20-29</u>			
1	Jason Price	21:45	10
2	Jason Ladd	34:17	8
<u>30-39</u>			
1	Mike Crawford	19:33	10
2	Pascal Peladeau	20:00	8
3	John MacMillan	21:07	6
4	Adam McNish	26:21	5
<u>40-49</u>			
1	David Eggleton	20:02	10
2	Al Cyr	21:42	8
3	Terry Hodge	23:40	6
4	John Bourne	24:23	5
5	Rick Steenwyk	24:33	4
6	Brian Campbell	25:06	3
7	David Shaver	25:25	3
8	Kevin Hartley	25:31	3
9	Garry Mellan	30:34	3

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<u>50-59</u>			
1	Tom Marshall	19:59	10
2	Gerry Tutecky-McDougall	21:29	8
3	Paul Heintzman	21:40	6
4	Laurence Jones	22:02	5
5	Rod Palmer	22:49	4
6	Stewart Campbell	22:52	3
7	Murray Tait	22:56	3
8	Jim Locke	23:18	3
9	Roger Hawksby	24:46	3
10	Ken Smith	26:14	3
11	Michael Hurley	27:38	3
12	Phil Lowe	27:40	3

<u>60-69</u>			
1	Charles Beaudoin	21:06	10
2	Bryne Francois	24:25	8
3	Toby Irven	27:25	6
4	Tom Baker	27:47	5
5	Wil Steacy	27:50	4
6	Liam Cullen	29:45	3

<u>70+</u>			
1	Merv Hodgson	25:26	10
2	Hugh Wilson	26:08	8
3	Jean Bernaquez	26:26	6
4	W. Pohl	45:01	5

**Female Overall**

<b>Place</b>	<b>Runner</b>	<b>Time</b>	<b>Pts.</b>
1	Paula Wiltse	18:04	10
2	Janet Wynands	19:58	8
3	Kaleigh McKeen	20:59	6
4	Jenn Torrance	22:10	5
5	Eva Beattie	23:14	4
6	Sarah Crawford	23:16	-
7	Christie Reitsma	23:17	-
8	JoAnn Evoy	24:12	-
9	Cindy Edwards	24:25	-
10	Natasha Bourdreau	24:42	-
11	Jean Birch	24:45	-
12	Laura Oliver	25:38	-
13	Laurie Wheeler	25:39	-
14	Catherine Tomlinson	25:45	-
15	Shannon Steenwyk	25:47	-
16	Ilona Thomas	26:11	-
17	Alyson McNish	26:20	-
18	Melanie Bale	26:54	-
19	Denise Anthony	27:12	-
20	Rhonda McNish	27:13	-
21	Ruth McFarlane	27:45	-
22	Theresa Smith	27:48	-
23	Jillian Baker	27:49	-
24	Abbey Palmer	28:04	-
25	Anne Taylor	28:07	-

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26	Patricia Fuller	28:13	-
27	Angela Hartley	28:25	-
28	Julie McCarthy	28:39	-
29	Lisa Nowlan	28:42	-
30	Michele Perry	28:44	-
31	Melanie Hellyer	28:54	-
32	Jill Murphy	29:06	-
32	Mattea Hartley	30:07	-
33	Karen McDonald-Hurley	30:10	-
34	Anne Hodgson	30:11	-
35	Angela Prest	30:34	-
36	Jan Mustard	30:37	-
37	Marjorie McCullough	33:33	-
38	JoAnne Sytsma	33:59	-
39	Fran Dwyer	34:03	-
40	Victoria Baker	35:47	-
41	Andrea Baker	36:25	-
42	Laraine McEwen	37:07	-
43	Nieves Bonucchi	48:20	-

**Female Age Category**

<u>Under 15</u>			
1	Abbey Palmer	28:04	10
2	Mattea Hartley	30:07	8
<u>15-19</u>			
1	Shannon Steenwyk	25:47	10
<u>20-29</u>			
1	Kaleigh McKeen	20:59	10
2	Jenn Torrance	22:10	8
3	Jillian Baker	27:49	6
4	Victoria Baker	35:47	5
5	Andrea Baker	36:25	4
<u>30-39</u>			
1	Sarah Crawford	23:16	10
2	Christie Reitsma	23:17	8
3	Natasha Bourdreau	24:42	6
4	Laurie Wheeler	25:39	5
5	Alyson McNish	26:20	4
6	Melanie Bale	26:54	3
7	Rhonda McNish	27:13	3
8	Angela Hartley	28:25	3
9	Julie McCarthy	28:39	3
10	Laraine McEwen	37:07	3
<u>40-49</u>			
1	Paula Wiltse	18:04	10
2	Janet Wynands	19:58	8
3	Eva Beattie	23:14	6
4	JoAnn Evoy	24:12	5
5	Cindy Edwards	24:25	4
6	Laura Oliver	25:38	3

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7	Catherine Tomlinson	25:45	3
8	Ilona Thomas	26:11	3
9	Theresa Smith	27:48	3
10	Patricia Fuller	28:13	3
11	Lisa Nowlan	28:42	3
12	Michele Perry	28:44	3
13	Melanie Hellyer	28:54	3
14	Jill Murphy	29:06	3
15	Angela Prest	30:34	3
16	Marjorie McCullough	33:33	3
17	Fran Dwyer	34:03	3

50-59

1	Jean Birch	24:45	10
2	Denise Anthony	27:12	8
3	Ruth McFarlane	27:45	6
4	Anne Taylor	28:07	5
5	Karen McDonald-Hurley	30:10	4
6	Jan Mustard	30:37	3
7	JoAnne Sytsma	33:59	3

60-69

1	Anne Hodgson	30:11	10
2	Nieves Bonucchi	48:20	8

**Children's 1 Km (under 13)**

<b>Place</b>	<b>Runner</b>	<b>Time</b>
1	Brittany Brown	4:39
2	Will Campeau	4:49
3	Alesha	5:03
4	Jayden Rowe	5:12
5	Ryan Givogue	5:27
6	Ethan Crawford	5:55
7	Shin Bourne	6:09
8	Michaela Mustard	6:27
9	Fiona McCarthy	6:36
10	Caitlin Shaver	6:59
11	Maggie Crawford	7:05
12	Gwyneth Armstrong	7:06
13	Asia Bourne	7:14
14	Taelyn Rowe	7:30
15	Tate Armstrong	8:12
16	Mathew Shaver	9:38