

**Let's Get Fit Run/Walk
Sun June 7, 2009**

5K RESULTS

Female Overall

Place	Runner	Time	Pts.
1	Janet Wynands	19:32	10
2	Kathy Bradley	21:20	8
3	Jennifer Wynands	22:47	6
4	Shelley Steenwyk	22:54	5
5	Meagan Stewart	23:18	4
6	Ruth Drache	24:09	-
7	Pat McDougall	24:12	-
8	Karen Wynands	24:34	-
9	Tina Melbourne	25:05	-
10	Sherry Wamboldt	25:12	-
11	Natasha Buelow	25:21	-
12	Jessica Jonkman	25:22	-
13	Jessica Dunnington	25:31	-
14	Tina MacLeod	25:32	-
15	Judy Curry	25:35	-
16	Angela Viau	25:43	-
17	Shannon Steenwyk	26:00	-
18	Marianne Carlyle	26:04	-
19	Denise Anthony	26:09	-
20	Barb Kilgour	26:10	-
21	Ilona Thomas	27:21	-
22	Tashina Sorrell	27:37	-
23	Ruth McFarlane	27:58	-
24	Tammy Buehlow	28:59	-
25	Karen Hurley	29:12	-
26	Shye Spicer	29:29	-
27	Kaitlyn Utman	29:30	-
28	Ashley Girouard	29:41	-
29	Eithne Dunbar	29:44	-
30	Dawn Kennedy	30:37	-
31	Sherry Helliker-Doyle	30:44	-
32	Sue Dorey	30:45	-
33	Heather Gaupeace	31:00	-
34	Sarah Bastian	31:02	-
35	Dianne Dillon-Samson	31:26	-
36	Elizabeth Hooper	31:37	-
37	Amy Hopper	31:38	-
38	Anne Hodgson	32:01	-
39	Kayla Selleck	33:05	-

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40	Tamara Metcalfe	33:07	-
41	Rebecca Gunter	33:16	-
42	Erin Russell	34:22	-
43	Tracey Jonkman	34:29	-
44	Chelsea Jonkman	35:06	-
45	Emily Wright	35:50	-
46	Sarah Crawford	35:52	-
47	France Froats	36:56	-
48	Kristen Sturgeon	37:45	-
49	Hillary Barton	37:46	-
50	Charlene Farrell	37:46	-
51	Christine Mason	37:49	-
52	Crystal Robertson	38:35	-
53	Cassie Towe	39:19	-
54	Brittany Kelly	39:19	-
55	Julie Hutchinson	39:47	-
56	Lindsay Hong	40:09	-
57	Lisa Hong	40:10	-
58	Ember MacDonald	41:16	-
59	Vicki Wright	41:36	-
60	Tina Murray	42:02	-
61	Henny Hunt	44:18	-
62	Marissa Boose	44:47	-
63	Jocelyn Streekotra	46:41	-
64	Terra Batly	46:42	-
65	Rayton Gaudin	46:55	-
66	Angie Gaudin	46:55	-
67	Miley Raas	47:00	-
68	Jackie Mason	50:56	-
69	Angela Dunnington	50:58	-
70	Stephanie Knapp	53:26	-
71	Amanda Landry	53:27	-
72	Wendy Gottfried	53:41	-
73	Linda Wright	53:43	-
74	Abigail Douglas	54:32	-
75	Lacey Douglas	54:35	-
76	Lesley Hubbard	54:37	-
77	Sherie Steacy	54:53	-
78	Nancy Peters	54:54	-
79	Candy Burkitt	57:29	-
80	Diane Greer	57:30	-
81	Linda Glock	58:06	-
82	Missy Glock	58:07	-
83	Sue Daw	1:02:00	-

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Female Age Group

Under 15

1	Sarah Bastian	31:02	10
2	Emily Wright	35:50	8
3	Lidsay Hong	40:09	6
4	Rayton Gaudin	46:55	5
5	Abigail Douglas	54:32	4

15-19

1	Meagan Stewart	23:18	10
2	Jessica Jonkman	25:22	8
3	Jessica Dunnington	25:31	6
4	Shannon Steenwyk	26:00	5
5	Tashina Sorrell	27:37	4
6	Shye Spicer	29:29	3
7	Kaitlyn Utman	29:30	3
8	Ashley Girouard	29:41	3
9	Elizabeth Hooper	31:37	3
10	Kayla Selleck	33:05	3
11	Rebecca Gunter	33:16	3
12	Kristen Sturgeon	37:45	3
13	Hillary Barton	37:46	3
14	Charlene Farrell	37:46	3
15	Cassie Towe	39:19	3
16	Brittany Kelly	39:19	3
17	Marissa Boose	44:47	3
18	Jocelyn Streekotra	46:41	3
19	Terra Batly	46:42	3

20-29

1	Jennifer Wynands	22:47	10
2	Karen Wynands	24:34	8
3	Natasha Buelow	25:21	6
4	Heather Gaupeace	31:00	5
5	Erin Russell	34:22	4
6	Chelsea Jonkman	35:06	3
7	Ember MacDonald	41:16	3
8	Stephanie Knapp	53:26	3
9	Amanda Landry	53:27	3
10	Lesley Hubbard	54:37	3
11	Missy Glock	58:07	3

30-39

1	Kathy Bradley	21:20	10
2	Ruth Drache	24:09	8
3	Tina MacLeod	25:32	6
4	Angela Viau	25:43	5
5	Dawn Kennedy	30:37	4
6	Sherri Helliker-Doyle	30:44	3

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7	Sue Dorey	30:45	3
8	Tamara Metcalfe	33:07	3
9	Sarah Crawford	35:52	3
10	Christine Mason	37:49	3
11	Crystal Robertson	38:35	3
12	Julie Hutchinson	39:47	3
13	Lisa Hong	40:10	3
14	Vicki Wright	41:36	3
15	Tina Murray	42:02	3
16	Angie Gaudin	46:55	3
17	Angela Dunnington	50:58	3
18	Lacey Douglas	54:35	3

40-49

1	Janet Wynands	19:32	10
2	Shelley Steenwyk	22:54	8
3	Tina Melbourne	25:05	6
4	Sherry Wamboldt	25:12	5
5	Judy Curry	25:35	4
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12	Amy Hopper	31:38	3
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14	France Froats	36:56	3
15	Miley Raas	47:00	3

50-59

1	Pat McDougall	24:12	10
2	Ruth McFarlane	27:58	8
3	Karen Hurley	29:12	6
4	Henny Hunt	44:18	5
5	Wendy Gottfried	53:41	4
6	Sherie Steacy	54:53	3
7	Nancy Peters	54:54	3
8	Candy Burkitt	57:29	3
9	Diane Greer	57:30	3
10	Linda Glock	58:06	3

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1	Eithne Dunbar	29:44	10
2	Anne Hodgson	32:01	8
3	Jackie Mason	50:56	6
4	Linda Wright	53:43	5
5	Sue Daw	1:02:00	4

Male Overall

Place	Runner	Time	Pts.
1	John Wynands	17:44	10
2	Robbie Bastian	19:05	8
3	Tim Norman	19:05	6
4	Rick Swift	19:33	5
5	Tom Marshall	19:45	4
6	Pascal Peladeau	19:57	-
7	Declan Colwell	20:26	-
8	Tony Dunbar	20:39	-
9	Eric Wynands	21:08	-
10	Scott Clucas	21:16	-
11	Don Farnsworth	21:31	-
12	Lawrence Jones	21:48	-
13	Murray Tait	22:55	-
14	Bryne Francois	23:06	-
15	Poss Howe	23:37	-
16	Zach Wright	24:06	-
17	John Raiswell	24:18	-
18	Nick Wright	24:28	-
19	Roy Crump	24:36	-
20	Clayton Dunnington	24:46	-
21	Chris Robertson	24:55	-
22	Alex Stewart	25:11	-
23	Kade Brazeau	25:19	-
24	Phil Lowe	25:29	-
25	Josh Forsyth	25:40	-
26	Merv Hodgson	25:49	-
27	Andrew Jordan	26:02	-
28	Mike Fowler	26:11	-
29	Steve Sims	27:10	-
30	Mike Hurley	27:17	-
31	Will Steacy	27:40	-
32	Dillon Hutchinson	28:46	-
33	Liam Cullen	29:00	-
34	Neal Condon	29:30	-
35	Tony Barnes	30:32	-
36	Matt	32:00	-
37	Rob Wright	32:32	-
38	Don Stables	33:41	-
39	Trevor MacFarlane	34:19	-
40	Bill Flikweert	34:19	-
41	James Cross	34:22	-
42	Ethan Crawford	35:51	-
43	Terry Townsend	47:00	-
44	Trevor McCann	47:39	-
45	Clinton McGunn	52:13	-
46	Kenneth Gottfried	52:51	-
47	Tom Harrington	54:52	-
48	Carmen Gottfried	54:55	-
49	Sidney Sytsma	57:30	-

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Male Age Group

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2	Eric Wynands	21:08	8
3	Ross Howe	23:37	6
4	Zach Wright	24:06	5
5	Nick Wright	24:28	4
6	Alex Stewart	25:11	3
7	Kade Brazeau	25:19	3
8	Dillon Hutchinson	28:46	3
9	Matt	32:00	3
10	Ethan Crawford	35:51	3

15-19

1	John Wynands	17:44	10
2	Robbie Bastian	19:05	8
3	Clayton Dunnington	24:46	6

20-29

1	Neal Condron	29:30	10
2	Kenneth Gottfried	52:51	8

30-39

1	Pascal Peladeau	19:57	10
2	Chris Robertson	24:55	8
3	Josh Forsyth	25:40	6
4	Rob Wright	32:32	5
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50-59

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3	Bryne Francois	23:06	6
4	Wil Steacy	27:40	5
5	Sidney Sytsma	57:30	4

65+

1	John Raiswell	24:18	10
2	Merv Hodgson	25:49	8
3	Liam Cullen	29:00	6