

Brockville Road Runners

9th Annual Mark Darroch Half Marathon

and

5K Run/Walk

Saturday, September 12, 2009

Half at 8:00am; 5K at 9:15 am

Thousand Islands Parkway

at

Rockport Community Hall

Entry Form

Please print and complete entire form/one person per entry form.

Mail, with cheque payable to Brockville Road Runners, to:

Tony Dunbar, 14 Belvedere Place, Brockville, ON K6V 3A4 Phone: (613) 342-5461

Name (PLEASE PRINT) _____

Hometown: _____

E-mail: _____ Age (Raceday) _____

Check if Kingston RRA Member []

Check one: 5K [] Half Marathon [] Male [] Female []

Fees: Adult \$12; BRRC Member: \$10; Student: \$5

Mailed registrations must be received by September 9, 2009; Race day registration also available

Free Technical Unisex T-shirt for first 100 registrants.

T-Shirt Size: XL [] L [] M [] S [] XS [] Note: Generous Fit

WAIVER: In consideration of your accepting this entry, I the undersigned, intending to be legally bound, direct my heirs, executors and administrators to waive and release any and all claims for damages I may have against the Brockville Road Runners, the Rockport Community Hall and any organizers, sponsors, their representatives, agents and employees towards any and all injuries suffered by me in the events to be held on Saturday, September 12, 2009. I attest and verify that I am physically fit and have sufficiently trained for this event.

Signature of Participant/Date

Parent / Guardian if Participant is under age 18/Date