



10th Annual Mark Darroch Half Marathon/5K

Saturday September 11, 2010

Half at 8:00am; 5K at 9:15 am

Thousand Islands Parkway (TIP)

Start/Finish Rockport Community Centre

Please print and complete entire form/one person per entry form.

Also you may order tickets for our exciting and fun 25th Anniversary Bash to be held the evening of the TIP Run (Sept 11th) at the Brockville Memorial Centre Community Hall. Out-of-towners very welcome.

Mail completed form, with cheque payable to Brockville Road Runners, to:

Tony Dunbar, 14 Belvedere Place, Brockville, ON K6V 3A4 Phone: (613) 342-5461
Or drop forms off at Cranks Bicycle Shoppe on King St. West Brockville

Name (PLEASE PRINT) _____

Hometown: _____

E-mail: _____ Age (Raceday) _____

Check one: 5K [] Half Marathon [] Male [] Female []

Fees: Adult \$12; BRRC Member: \$10; HS Student: \$7

Mailed registrations must be received by Sept 8, 2010; Race day registration also available

Free Technical Unisex T-shirt for first 100 registrants.

T-Shirt Size: XL [] L [] M [] S [] XS [] Note: Generous Fit

25th Anniversary Bash Tickets: Adults [] x \$25 Children (10 and Under) [] x \$12

WAIVER: In consideration of your accepting this entry, I the undersigned, intending to be legally bound, direct my heirs, executors and administrators to waive and release any and all claims for damages I may have against the Brockville Road Runners, the Rockport Community Hall and any organizers, sponsors, their representatives, agents and employees towards any and all injuries suffered by me in the events to be held on Saturday, September 11, 2010. I attest and verify that I am physically fit and have sufficiently trained for this event.

Signature of Participant/Date

Parent / Guardian if Participant is under age 18/Date