

P&G Brockville 5km

Brockville, Ontario

2017-06-21

6/16/17 - 6/16/17

Results by www.runningbydesign.com**Event # 1 MIXED 5K Run**

Name	Age	Bib	Team	Avg per K	Avg per MI	Time
FEMALE 1 - 9						
1 Khloe Bauder	F 5	41	PRESCOTT	6:32.4	10:31.5	32:42.00
2 Pearl Hare	F 7	48	PRESCOTT	7:24.0	11:54.5	37:00.00
3 Grace Vogelzang	F 8	190	BROCKVILLE	8:17.2	13:20.1	41:26.00
FEMALE 10 - 14						
1 Taylor Healey	F 10	25	ATHENS	5:34.8	8:58.8	27:54.00
2 Rebecca Tian	F 10	32	BROCKVILLE	5:38.6	9:04.9	28:13.00
3 Kayla Wright	F 13	70	BROCKVILLE	5:46.4	9:17.4	28:52.00
4 Elise Piaschka	F 14	71	BROCKVILLE	5:46.4	9:17.4	28:52.00
5 Brielle JohnsonHodge	F 13	18	BROCKVILLE	5:56.6	9:33.8	29:43.00
6 Elizabeth Mussett	F 10	101	MAITLAND	6:54.6	11:07.2	34:33.00
7 Emma Lamine	F 11	193	ATHENS	7:10.0	11:32.0	35:50.00
8 Octavia Johnson-Hodge	F 10	19	BROCKVILLE	7:22.2	11:51.6	36:51.00
FEMALE 15 - 19						
1 Marieke VanSpriel	F 15	37	ATHENS	5:18.6	8:32.7	26:33.00
2 Hannan Doonan	F 17	29	BROCKVILLE	6:04.6	9:46.7	30:23.00
3 MacKenzie Wright	F 19	56	ATHENS	6:33.2	10:32.7	32:46.00
FEMALE 20 - 24						
1 Hillary Barton	F 24	5	JOHNSTOWN	5:36.8	9:02.0	28:04.00
FEMALE 25 - 29						
1 Jodi Usher	F 26	36	BROCKVILLE	5:15.4	8:27.5	26:17.00
2 Sheena Earl	F 29	65	BROCKVILLE	6:25.2	10:19.9	32:06.00
3 Alicia Benson	F 26	9	BROCKVILLE	6:33.0	10:32.4	32:45.00
4 Nicole Gibson	F 26	66	BROCKVILLE	7:12.2	11:35.5	36:01.00
5 Samantha Carbery	F 27	8	BROCKVILLE	8:21.8	13:27.5	41:49.00
FEMALE 30 - 34						
1 Julie Basiliasis	F 32	102	PRESCOTT	4:40.4	7:31.2	23:22.00
2 Lindsey Greatrix	F 30	60	BROCKVILLE	5:02.2	8:06.3	25:11.00
3 Camille Ballantyne	F 33	22	BROCKVILLE	5:25.0	8:43.0	27:05.00
4 Alyson Johnson	F 30	43	MAITLAND	5:28.0	8:47.8	27:20.00
5 Michelle Jager	F 30	68	MAITLAND	5:43.4	9:12.6	28:37.00
6 Holly Martin	F 32	40	BROCKVILLE	5:58.2	9:36.4	29:51.00
7 Chantal Crate	F 33	99	PRESCOTT	6:35.2	10:36.0	32:56.00
8 Stefanie Lenko	F 33	98	BROCKVILLE	6:35.4	10:36.3	32:57.10
9 Sarah MacMillan	F 31	67	MAITLAND	6:56.8	11:10.7	34:44.00
10 Amrita Mindh	F 31	17	MISSISSAUGA	7:42.4	12:24.1	38:32.00
11 Amy Healey	F 32	26	ATHENS	7:59.2	12:51.1	39:56.00
FEMALE 35 - 39						
1 Leah Syrie	F 37	7	BROCKVILLE	5:31.4	8:53.3	27:37.00
2 Noella Klawitter	F 39	69	BROCKVILLE	5:43.2	9:12.3	28:36.00
3 Shana Doonan	F 39	30	BROCKVILLE	6:06.2	9:49.3	30:31.00
4 Jennifer McDonald	F 38	6	BROCKVILLE	6:20.2	10:11.8	31:41.00
5 Mara Jackson	F 37	31	PRESCOTT	7:05.8	11:25.2	35:29.00
6 Kelly Weldon	F 39	62	BROCKVILLE	7:22.6	11:52.2	36:53.00
7 Kristin Hare	F 36	47	PRESCOTT	7:24.4	11:55.1	37:02.00
8 Mellissa Summers	F 36	35	BROCKVILLE	7:53.4	12:41.8	39:27.00
9 Demetrie Lamine	F 37	191	ATHENS	7:59.2	12:51.1	39:56.00
10 Miranda McLennan	F 38	85	BROCKVILLE	8:17.4	13:20.4	41:27.00

FEMALE 40 - 44

P&G Brockville 5km

Brockville, Ontario

2017-06-21

6/16/17 - 6/16/17

Results by www.runningbydesign.com

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
1	Angela Young	F 40	38	BROCKVILLE	5:38.0	9:03.9	28:10.00
2	Dana Boyer	F 42	58	BROCKVILLE	7:04.8	11:23.6	35:24.00
3	Tamara Baldwin	F 44	81	BROCKVILLE	7:22.8	11:52.6	36:54.00
4	Kathy Borgford	F 42	95	ELIZABETHTOWN	8:05.2	13:00.8	40:26.00
5	Alex Mussett	F 41	3	MAITLAND	8:11.4	13:10.8	40:57.00
6	Sarah Weese	F 42	189	BROCKVILLE	8:44.6	14:04.2	43:43.00
FEMALE 45 - 49							
1	Rhonda Barrington	F 45	45	LYN	7:14.8	11:39.7	36:14.00
2	Peggy Abrams	F 46	63	TOLEDO	7:22.4	11:51.9	36:52.00
3	Christine Bryce	F 47	94	BROCKVILLE	8:05.4	13:01.1	40:27.00
FEMALE 50 - 54							
1	Shelley Steenwyk	F 50	34	BROCKVILLE	5:14.0	8:25.3	26:10.00
2	Shari Shaw	F 53	91	KINGSTON	6:14.2	10:02.2	31:11.00
3	Sharon Riddell	F 51	51	BROCKVILLE	6:20.4	10:12.1	31:42.00
4	Carol Weeks	F 54	54	LUNDHURST	7:25.4	11:56.8	37:07.00
5	Denise Latimer	F 54	28	BROCKVILLE	9:27.2	15:12.8	47:16.00
FEMALE 55 - 59							
1	Karen Willstead	F 55	90	NAPANEE	7:03.2	11:21.0	35:16.00
2	Henny Hunt	F 59	27	BROCKVILLE	9:26.0	15:10.8	47:10.00
FEMALE 60 - 64							
1	MaryJane Leslie	F 61	44	BROCKVILLE	5:45.0	9:15.2	28:45.00
2	Cheryl Scott	F 60	23	BROCKVILLE	6:06.6	9:49.9	30:33.00
3	Patty Hoogendam	F 60	103	ELIZABETHTOWN	8:01.8	12:55.3	40:09.00
FEMALE 65 - 69							
1	Anne Hodgson	F 69	75	MAITLAND	7:07.6	11:28.1	35:38.00
MALE 1 - 9							
1	Cole McLennan	M 8	84	BROCKVILLE	5:30.0	8:51.0	27:30.00
2	Parker Goguen	M 7	39	BROCKVILLE	5:57.8	9:35.8	29:49.00
3	Austin Ogilvie	M 8	87	BROCKVILLE	6:03.0	9:44.1	30:15.00
4	Nathan Jones	M 9	21	LYN	6:59.8	11:15.6	34:59.00
5	Parker Weldon	M 8	61	BROCKVILLE	7:10.2	11:32.3	35:51.00
6	Seth Lamine	M 7	192	ATHENS	7:56.6	12:47.0	39:43.00
7	Ben Mussett	M 8	1	MAITLAND	8:10.6	13:09.5	40:53.00
8	Owen Homiak	M 9	197	BROCKVILLE	8:33.6	13:46.5	42:48.00
9	Robert Sivers	M 6	198	BROCKVILLE	9:24.4	15:08.3	47:02.00
10	John Sivers	M 4	199	BROCKVILLE	10:12.0	16:24.9	51:00.00
MALE 10 - 14							
1	Tyler Lavoie	M 14	72	BROCKVILLE	4:27.6	7:10.6	22:18.00
2	Evan Trower	M 10	195	BROCKVILLE	5:01.8	8:05.7	25:09.00
3	Rylan Boyer	M 11	57	BROCKVILLE	5:09.2	8:17.6	25:46.00
4	Jacob Boyd	M 11	78	BROCKVILLE	5:13.4	8:24.3	26:07.00
5	Travis Plitong	M 11	10	ATHENS	5:54.0	9:29.7	29:30.00
6	Liam Thompson	M 14	12	BROCKVILLE	6:20.0	10:11.5	31:40.00
7	Quinn Thompson	M 12	11	JOHNSTOWN	6:52.6	11:04.0	34:23.00
MALE 15 - 19							
1	Jake Lessard	M 15	77	BROCKVILLE	4:05.3	6:34.8	20:26.72
2	Justin Bryce	M 17	93	BROCKVILLE	5:29.0	8:49.4	27:25.00
MALE 20 - 24							
1	Thomas McIlveen	M 24	42	PRESCOTT	6:32.6	10:31.8	32:43.00
MALE 25 - 29							

P&G Brockville 5km

Brockville, Ontario

2017-06-21

6/16/17 - 6/16/17

Results by www.runningbydesign.com

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
1	Zack Boyd	M 27	74	BROCKVILLE	4:48.2	7:43.8	24:01.00
2	Carey Henry	M 29	64	BROCKVILLE	6:43.4	10:49.2	33:37.00
3	Jasey Jordan	M 25	76	BROCKVILLE	11:34.6	18:37.8	57:53.00
MALE 30 - 34							
1	Derek Jager	M 31	196	MAITLAND	6:08.2	9:52.5	30:41.00
2	Max Wang	M 33	4	BROCKVILLE	7:15.6	11:41.0	36:18.10
3	Chris Sivers	M 33	200	BROCKVILLE	10:12.2	16:25.2	51:01.00
MALE 35 - 39							
1	Andrew Hare	M 36	49	PRESCOTT	4:17.6	6:54.5	21:28.00
2	Ian Potts	M 39	55	MANOTICK	5:41.4	9:09.4	28:27.00
3	Albino Cordeiro	M 38	194	BROCKVILLE	7:15.2	11:40.3	36:16.00
4	Raj Puparella	M 35	16	MISSISSAUGA	7:21.4	11:50.3	36:47.00
MALE 40 - 44							
1	Greg Denison	M 44	52	PRESCOTT	5:29.2	8:49.7	27:26.00
2	WenPiu Tian	M 44	33	BROCKVILLE	5:29.6	8:50.4	27:28.00
3	Craig McDonald	M 41	2	BROCKVILLE	5:39.2	9:05.8	28:16.00
4	Tim Brown	M 40	83	BROCKVILLE	5:57.0	9:34.5	29:45.00
5	Cam McLennan	M 40	86	BROCKVILLE	5:58.0	9:36.1	29:50.00
MALE 45 - 49							
1	John MacMillan	M 46	20	SPENCERVILLE	4:27.8	7:10.9	22:19.00
2	Chris Thompson	M 48	13	JOHNSTOWN	5:40.8	9:08.4	28:24.00
3	Chris Robertson	M 45	100	MALLORYTOWN	6:03.8	9:45.4	30:19.00
4	Chris Page	M 46	46	LYN	8:02.6	12:56.6	40:13.00
MALE 50 - 54							
1	Bob VanBlitterswyk	M 52	92	ELIZABETHTOWN	4:38.6	7:28.3	23:13.00
2	Terry Hodge	M 54	79	BROCKVILLE	5:55.8	9:32.6	29:39.00
3	Shaun Hodgins	M 52	82	BROCKVILLE	6:53.6	11:05.6	34:28.00
4	Roger Meunier	M 54	96	BROCKVILLE	7:23.0	11:52.9	36:55.00
MALE 55 - 59							
1	Ian Loughrey	M 59	97	BROCKVILLE	4:26.6	7:09.0	22:13.00
2	Kevin Riddell	M 56	50	BROCKVILLE	4:38.0	7:27.3	23:10.00
3	Willy Primeau	M 56	53	BROCKVILLE	7:49.2	12:35.1	39:06.00
MALE 60 - 64							
1	Stephen MacKinnon	M 64	59	BROCKVILLE	5:26.4	8:45.2	27:12.00
2	Rod Palmer	M 64	80	BROCKVILLE	5:41.0	9:08.7	28:25.00
MALE 65 - 69							
1	Roger Hawksby	M 65	24	BROCKVILLE	5:44.8	9:14.9	28:44.00
MALE 70 - 74							
1	Bill Poole	M 73	14	MALLORYTOWN	6:30.0	10:27.6	32:30.00
2	Jeff McIlveen	M 70	15	TORONTO	6:44.0	10:50.1	33:40.00
MALE 75 - 79							
1	Hugh Wilson	M 77	88	DORVAL, QUEBEC	6:18.2	10:08.6	31:31.00
2	Merv Hodgson	M 79	73	MAITLAND	6:22.8	10:16.0	31:54.00
MALE 80 - 99							
1	Jean Bernaquez	M 85	89	MONTREAL	8:05.0	13:00.5	40:25.00