

**Brockville Roadrunners
Freeze Your Buns 1K/5K #3
Sunday March 29, 2015**

The final race of the Brockville Road Runners Freeze Your Buns series took place under bright sunny skies on Sunday March 29th at the Brockville Memorial Centre. 79 participants enjoyed the favourable weather conditions, making the most of the clear sidewalks and good footing to run some great times. After a long winter of running in sub normal temperatures it was a delight to be out on a day with the hope of better things to come in the air.

The 1 km event was won by Matthew White in a time of 3:41, closely followed by Bronson Greaves in a time of 3:45. The pair took turns taking the lead running the course neck and neck until close to the finish line. The first girl across the line in the 1 km was Paige Reimann in a time of 4:28. The 5 km event was won by Brockville Road Runner's president, John MacMillan in a time of 20:02 with the first female, Brittany Alkerton coming through in a time of 20:42. Overall series winners' trophies go to the fastest average time over the three events in both races. **Jon Brown** won the 1 km for the boys and **Paige Reimann** won the 1 km for the girls with **John MacMillan** winning the 5 km event for the men and **Brittany Alkerton** winning for the women.

1 km event

Matthew White 3:41, Bronson Greaves 3:45, Paige Reimann 4:28, Jon Brown 6:34, Robert Sivers 10:38.

5 km event

Female

Under 15:

Alyshia Alkerton 21:29, Lexi Kundlacz 22:53, , Keira Cameron 28:43, Hanna Doonan 28:44. Emily Riemersma 32:34, Tiana McMullen 33:03

15-19:

Brittany Alkerton 20:42, Brittany Brown 24:11, Tiffany Keeler 45:50, Kaleigh Cameron 45:51

20-29:

Jenny O'Reilly 24:34, Megan Primeau 41:46

30-39:

Nicola Jones 22:22, Yvonne Malanka Linseman 24:26, Sheri McMullen 24:50, Rhonda McNish 26:48, Shana Doonan 28:48, Josee Gunville 29:08, Melanie Cook 32:53, Dana Boyer 32:53

40-49:

Laurie Wheeler 24:16, Theresa Smith 26:22, Pattilynn Liddell 26:30, Margaret Story 28:00, Heather Servage 29:35, Kelley Fournier 30:13, Sandy Noonan 30:14, Sharon Riddell 30:18, Janet Gartley 31:47, Tracy Ryan 33:17, Karen Keeler 45:52

50-59:

Paula Jones 26:15, Cheryl Scott 26:53, Pat Muldoon 30:07

60-69

Eithne Dunbar 30:04, Anne Hodgson 31:02, Vicky Kirkby 31:27

Male

Under 15:

Will Campeau 20:30, Malcolm Tait 34:52, Josh Kayuk 28:49

20-29:

Zack Boyd 23:43, Holden Primeau 33:44

30-39:

Matt Williams 28:38, Christian Emslie 33:40, Matt McNish 35:51

40-49:

John MacMillan 20:02, Robert Browne 20:50, David Cannons 23:51, Dean Reimann 25:33, Kevin Hartley 26:35

50-59:

Pete Millard 21:01, Ian Loughrey 21:10, Kevin Riddell 22:57, Geoffrey Peters 23:27, Murray Tait 24:39, Terry Hodge 25:35, Willi Primeau 41:47

60-69:

Laurence Jones 22:29, Peter Feickert 24:55, Roger Hawksby 24:58, Ed Wynands 25:09, Bryne Francois 25:29, Jim Estes 25:52, Ed Eby 29:27, Toby Irvn 29:34, Arnold Murphy 30:03, Bob Tucker 45:53

70-79:

Tony Dunbar 23:01, John Raiswell 26:41, Hugh Wilson 26:44, Merv Hodgson 26:55, Liam Cullen 38:27

80-89:

Mike Day 28:22, Jean Bernaquez 28:22