

Brockville Road Runners
Freeze Your Buns 1Km/5Km Series
Run #3
Saturday March 22, 2014

The final race in the Brockville Road Runners' Freeze Your Buns series lived up to its name when a heavy snowfall making the sidewalks and roads slippery under foot. Despite the offsetting conditions, participants made the most of the event with those competing in all 3 races earning a long sleeve technical shirt. The event took place on Saturday March 22, 2014 starting from the Memorial Center. The 1 km event was won by Alyshia Alkerton in a personal best time of 4:06. The first boy in was Matthew White in a close time of 4:08. Alyshia was the top overall female in the 1 km series and Matthew Shaver was the top overall male. The 5 km event was won by Eric Wynands in a time of 17:21. He also took the series as top overall male. The top female was Brittany Alkerton in a time of 21:09. Brittany was the overall female series winner for the 5 km. The next event sponsored by the Brockville Road Runners is a joint event run with the YMCA on May 4th 2014, the California Run.

Race results:

1 Km event:

Alyshia Alkerton 4:06, Matthew White 4:08, Paige Reimann 5:05, Shyla Jones 5:06, Matthew Shaver 5:29, Shin Bourne 5:30, Tiana McMullen 5:58, Bennet Armstrong 6:14:12, Asia Bourne 6:14:34, Abby White 6:35, Anna Ladd 7:47, Logan Harper 7:52, Ellitoo Ladd 9:05.

5 km event:

Female:

Under 15:

Brittany Alkerton 21:09, Madelynn Meek 24:10, Loly Meek 24:17, Brittany Brown 4:48

20-29:

Chelsea Good 28:40, Holly Goguen 29:58, Victoria Baker 31:42:56

30-39:

Carolyn Coffin 21:31, Angela Roles 26:10, Sheri McMullen 26:38, Yvonne Malanka 30:13, Josée Gunville

40-49 :

JoAnn Evoy 27 :38, Laurie Wheeler 27 :57, Seunghyang Shin 29 :26, Sandy Noonan 30 :16, Heather Servage 31 :42 :30

50-59:

Cheryl Scott 27:44, Catherine Tomlinson 29:30, Ruby McCabe-Locke 30:15

Male:

Under 15:

Will Campeau 23:34, Kyle Fitzmorris 25:30, Malcolm Tait 39:09

15-19:

Eric Wynands 17:21, Ryan Noccey 20:18

20-29:

Zack Boyd 22:29

30-39:

Jon Harper 27:44

40-49:

John MacMillan 21:59, David Shaver 25:59, John Bourne 28:08,

50-59:

Kevin Riddell 24:16, Mike Fowler 24:39, Terry Hodge 27:40, Murray Tait 39:12

60-69:

Rick Swift 21:33, Laurence Jones 23:44, Peter Feickert 26:04, Bryne Francois 27:20,
Toby Irvén 33:20

70-79:

Hugh Wilson 28:32, Merv Hodgson 28:50, Liam Cullen 39:31

80-89:

Jean Bernaquez 29:38