

Mark Darroch Half & James K. Carlyle 5km

Rockport, Ontario

2018-09-08

9/8/18 - 9/8/18

Results by www.runningbydesign.com**Event # 2 MIXED 21.1k Run**

| | Name | Age | Bib | Team | Avg per K | Avg per MI | Time |
|----------------|--------------------|------|------|------|-----------|------------|------------|
| OVERALL | | | | | | | |
| 1 | Andre Girgis | M 40 | 4731 | Half | 3:50.4 | 6:10.8 | 1:21:02.00 |
| 2 | Corey Turnbull | M 46 | 4727 | Half | 3:51.9 | 6:13.3 | 1:21:35.00 |
| 3 | Jeff Lapierre | M 46 | 4718 | Half | 3:53.1 | 6:15.2 | 1:22:00.00 |
| 4 | Brock Davis | M 50 | 4729 | Half | 3:57.9 | 6:22.9 | 1:23:41.00 |
| 5 | Mike Crawford | M 47 | 4733 | Half | 4:00.3 | 6:26.8 | 1:24:32.00 |
| 6 | Marc Henri | M 43 | 4713 | Half | 4:05.9 | 6:35.7 | 1:26:29.00 |
| 7 | Leah West | F 33 | 4730 | Half | 4:16.4 | 6:52.7 | 1:30:12.00 |
| 8 | Ian Loughrey | M 60 | 4719 | Half | 4:25.4 | 7:07.1 | 1:33:20.00 |
| 9 | Stewart Campbell | M 60 | 4703 | Half | 4:30.4 | 7:15.2 | 1:35:06.00 |
| 10 | Costas Farassoglou | M 38 | 4708 | Half | 4:35.1 | 7:22.8 | 1:36:46.00 |
| 11 | Kevin Riddell | M 57 | 4724 | Half | 4:35.8 | 7:23.9 | 1:37:00.00 |
| 12 | Michelle Jager | F 32 | 4715 | Half | 4:43.5 | 7:36.3 | 1:39:43.00 |
| 13 | Craig McDonald | M 42 | 4720 | Half | 4:50.4 | 7:47.4 | 1:42:09.00 |
| 14 | Zack Boyd | M 28 | 4702 | Half | 4:50.9 | 7:48.1 | 1:42:18.00 |
| 15 | Luis Paico-Avilez | M 34 | 4721 | Half | 4:51.8 | 7:49.6 | 1:42:37.00 |
| 16 | Paul Flanagan | M 48 | 4709 | Half | 4:59.6 | 8:02.2 | 1:45:23.00 |
| 17 | Greg Phillips | M 53 | 4732 | Half | 5:01.2 | 8:04.8 | 1:45:57.00 |
| 18 | Brian Gartley | M 48 | 4711 | Half | 5:04.5 | 8:10.1 | 1:47:06.00 |
| 19 | Geoffrey Peters | M 59 | 4722 | Half | 5:04.8 | 8:10.6 | 1:47:13.00 |
| 20 | Christie Reitsma | F 43 | 4723 | Half | 5:05.0 | 8:10.9 | 1:47:17.00 |
| 21 | Jason Barlow | M 44 | 4701 | Half | 5:05.1 | 8:11.1 | 1:47:19.00 |
| 22 | Adele McLeod | F 49 | 4728 | Half | 5:14.0 | 8:25.4 | 1:50:27.00 |
| 23 | Jayne Flanagan | F 49 | 4710 | Half | 5:20.2 | 8:35.4 | 1:52:38.00 |
| 24 | David Cannons | M 51 | 4704 | Half | 5:23.2 | 8:40.2 | 1:53:41.00 |
| 25 | Matt Kinghorn | M 35 | 4716 | Half | 5:34.5 | 8:58.4 | 1:57:40.00 |
| 26 | Jerome Cyr | M 65 | 4705 | Half | 5:38.8 | 9:05.3 | 1:59:10.00 |
| 27 | Meera Ruparelia | F 40 | 4725 | Half | 5:40.6 | 9:08.2 | 1:59:48.00 |
| 28 | Naomi Giuliano | F 28 | 4712 | Half | 5:43.6 | 9:13.1 | 2:00:52.00 |
| 29 | Laura Oliver | F 49 | 4734 | Half | 5:54.4 | 9:30.4 | 2:04:39.00 |
| 30 | Jim Estes | M 69 | 4707 | Half | 6:08.5 | 9:53.1 | 2:09:37.00 |
| 31 | Ed Eby | M 67 | 4706 | Half | 6:12.0 | 9:58.8 | 2:10:51.00 |
| 32 | Cheryl Scott | F 61 | 4726 | Half | 6:25.4 | 10:20.3 | 2:15:34.00 |
| 33 | Brenda Young | F 49 | 4736 | Half | 6:25.5 | 10:20.4 | 2:15:35.00 |
| 34 | David Shaver | M 50 | 4735 | Half | 6:35.4 | 10:36.4 | 2:19:05.00 |