

## BRRC 5km and 1/2 Marathon

Rockport, Ontario

09/08/2012

Results by www.runningbydesign.ca

## Event # 1 MIXED 5K Run

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
<b>FEMALE 1 - 19</b>							
*	BRITTANY ALKERTON	13 F	BROCKVILLE	64	4:15.00	6:50.38	21:15.0
1	MARGAUX DEFLERS	16 F	EVREUX FRANCE	28	4:48.40	7:44.13	24:02.0
2	PAIGE YOUNG	18 F	BROCKVILLE	49	4:57.40	7:58.62	24:47.0
3	ALYSHIA ALKERTON	9 F	BROCKVILLE	63	5:10.00	8:18.90	25:50.0
4	CHARLOTTE NOLAN	16 F	BROCKVILLE	29	5:27.40	8:46.90	27:17.0
5	CLAIRE BAKER	11 F	ATHENS	40	5:57.00	9:34.54	29:45.0
6	ESTHER LASECA	15 F	PAMPLONA SPAIN	35	7:04.00	11:22.36	35:20.0
7	MAGGIE CRAWFORD	8 F	MAITLAND	46	7:08.20	11:29.12	35:41.0
8	SHANNON JADOO	18 F	BROCKVILLE	23	7:09.60	11:31.37	35:48.0
9	ELISE PLASCHKA	9 F	BROCKVILLE	7	7:20.20	11:48.43	36:41.0
10	GWYNETH ARMSTRONG	8 F	MAITLAND	79	7:28.40	12:01.63	37:22.0
11	TATE ARMSTRONG	7 F	MAITLAND	78	8:30.80	13:42.05	42:34.0
* Overall Winner removed from Age Category Results							
<b>FEMALE 20 - 29</b>							
1	KAREN WYNANDS	24 F	LYN	21	4:56.20	7:56.69	24:41.0
2	KIM BENNETT	28 F	BROCKVILLE	91	4:57.82	7:59.29	24:49.1
3	RACHEL KOLARSKI	25 F	BROCKVILLE	70	5:49.20	9:21.98	29:06.0
4	NIKKI DENNER	25 F	ATHENS	37	6:31.60	10:30.22	32:38.0
5	MICHELLE KOLARSKI	22 F	BROCKVILLE	72	7:03.20	11:21.07	35:16.0
6	BRANDY MACGREGUR	27 F	ATHENS	36	7:12.00	11:35.24	36:00.0
<b>FEMALE 30 - 39</b>							
1	CHRISTIE REITSMA	37 F	ATHENS	73	5:24.60	8:42.39	27:03.0
2	MICHELLE SHEPHERDSON	33 F	BROCKVILLE	76	5:46.80	9:18.12	28:54.0
3	KRISTIN LUTZAC	31 F	BROCKVILLE	88	6:06.40	9:49.66	30:32.0
4	CORINNA SMITH-GATCKE	37 F	LANSDOWNE	86	7:31.00	12:05.81	37:35.0
<b>FEMALE 40 - 49</b>							
1	KATIE BAKER	41 F	ATHENS	39	5:16.20	8:28.87	26:21.0
2	CHRISTINE GREEN	40 F	BROCKVILLE	26	5:41.00	9:08.79	28:25.0
3	PATTY MARSHALL	45 F	BROCKVILLE	81	5:42.00	9:10.40	28:30.0
4	JANET GARTLEY	43 F	BROCKVILLE	84	7:05.20	11:24.29	35:26.0
5	ALISON ARMSTRONG	41 F	MAITLAND	77	8:33.20	13:45.92	42:46.0
<b>FEMALE 50 - 59</b>							
1	DENISE ANTHONY	53 F	NORTH AUGUSTA	53	5:24.80	8:42.71	27:04.0
2	KAREN BOESE	52 F	ARNPRIOR	59	6:06.80	9:50.31	30:34.0
<b>FEMALE 60 - 69</b>							
1	EITHNE DUNBAR	63 F	BROCKVILLE	87	6:05.20	9:47.73	30:26.0
2	JENNIFER BARNES	64 F	BROCKVILLE	5	6:46.00	10:53.39	33:50.0
<b>MALE 1 - 19</b>							
1	MARCO IRISARRI	16 M	SPAIN	68	4:02.00	6:29.46	20:10.0
2	ETHAN GIVOGUE	10 M	MAITLAND	51	4:55.80	7:56.04	24:39.0
3	RYAN GIVOGUE	9 M	MAITLAND	52	4:57.80	7:59.26	24:49.0
4	ETHAN CRAWFORD	10 M	MAITLAND	45	5:07.20	8:14.39	25:36.0
5	COLIN GARTLEY	13 M	BROCKVILLE	83	6:15.60	10:04.47	31:18.0
6	ANDREW PLASCHKA	6 M	BROCKVILLE	8	6:24.40	10:18.63	32:02.0
7	MAX LOWE	12 M	BROCKVILLE	93	6:26.40	10:21.85	32:12.0
8	FRED MUNRO	17 M	BROCKVILLE	24	7:09.80	11:31.70	35:49.0
<b>MALE 20 - 29</b>							
1	TYLER CURRY	21 M	BROCKVILLE	48	4:44.40	7:37.70	23:42.0
2	TYLER BENNETT	27 M	BROCKVILLE	90	4:59.40	8:01.84	24:57.0
3	ALLAN COVILLE	28 M	BROCKVILLE	55	6:20.40	10:12.19	31:42.0
4	DAVID JOHNSTON	24 M	BROCKVILLE	71	7:03.40	11:21.40	35:17.0
<b>MALE 30 - 39</b>							
*	NICK MOSEY	34 M	KINGSTON	47	3:31.20	5:39.89	17:36.0
1	JAMIE PORTER	32 M	BROCKVILLE	56	3:52.40	6:14.01	19:22.0

2	CHAD WHITESIDE	35 M	KINGSTON	65	3:55.20	6:18.52	19:36.0
3	GREGORY LEMOINE	35 M	KINGSTON	66	3:55.40	6:18.84	19:37.0
4	CARLOS PEREZ	34 M	KINGSTON	34	4:21.40	7:00.68	21:47.0
5	MIKE EARLE	37 M	KINGSTON	85	4:42.40	7:34.48	23:32.0
6	GRAHAM ADAMS	36 M	BROCKVILLE	92	5:17.00	8:30.16	26:25.0
7	NEAL CONDRON	32 M	BROCKVILLE	62	5:50.60	9:24.24	29:13.0
8	BILL PLASCHKA	37 M	BROCKVILLE	6	7:20.40	11:48.76	36:42.0

\* Overall Winner removed from Age Category Results

#### MALE 40 - 49

1	KEVIN ARMSTRONG	49 M	SYDENHAM	60	4:12.20	6:45.88	21:01.0
2	CHRIS DILABIO	48 M	OTTAWA	89	4:44.20	7:37.38	23:41.0
3	TERRY HODGE	49 M	BROCKVILLE	9	5:11.00	8:20.51	25:55.0
4	JEFF GREEN	41 M	BROCKVILLE	25	5:14.00	8:25.33	26:10.0

#### MALE 50 - 59

1	RICK ROYCE	53 M	KINGSTON	12	4:13.00	6:47.16	21:05.0
2	TOM MARSHALL	58 M	BROCKVILLE	67	4:22.20	7:01.97	21:51.0
3	JIM MURRAY	56 M	GANANOQUE	69	4:25.00	7:06.48	22:05.0
4	KEVIN RIDDELL	51 M	BROCKVILLE	4	4:35.00	7:22.57	22:55.0
5	MURRAY TAIT	52 M	BROCKVILLE	75	4:36.80	7:25.47	23:04.0
6	ED WYNANDS	58 M	LYN	20	4:45.60	7:39.63	23:48.0
7	MARTY MANGAN	59 M	GANANOQUE	82	5:29.60	8:50.44	27:28.0
8	FRANK GILLESPIE	57 M	KINGSTON	61	6:06.82	9:50.34	30:34.1
9	JEFF BAKER	51 M	ATHENS	38	6:14.20	10:02.22	31:11.0
10	CHRIS BOUGIE	52 M	BROCKVILLE	57	6:14.40	10:02.54	31:12.0

#### MALE 60 - 69

1	GLENN CAIRD	60 M	LANSDOWNE	80	4:04.60	6:33.65	20:23.0
2	RICK SWIFT	65 M	BROCKVILLE	3	4:10.00	6:42.34	20:50.0
3	BRYNE FRANCOIS	64 M	BROCKVILLE	16	4:42.80	7:35.12	23:34.0
4	ROBB ANDERSON	62 M	CARLETON PLACE	33	4:45.00	7:38.66	23:45.0
5	MICK CHAWNER	65 M	ASHTON	54	5:01.60	8:05.38	25:08.0
6	NORM HART	67 M	SYDENHAM	58	5:41.80	9:10.07	28:29.0

#### MALE 70 - 79

1	HUGH WILSON	72 M	DORVAL PQ	1	5:06.40	8:13.10	25:32.0
2	MIKE DAY	77 M	OTTAWA	74	5:08.40	8:16.32	25:42.0
3	LIAM CULLEN	70 M	BROCKVILLE	15	6:07.40	9:51.27	30:37.0
4	HARRY DAGHAVARIAN	76 M	MONTREAL PQ	18	7:02.20	11:19.46	35:11.0

#### MALE 80 - 99

1	JEAN BERNAQUEZ	80 M	MONTREAL PQ	2	5:16.80	8:29.84	26:24.0
2	ROBERT BEENEY	80 M	KINGSTON	10	8:01.40	12:54.74	40:07.0